

2026 MEDICAL ACUPUNCTURE REVIEW COURSE

February 20-March 19, 2026



VIRTUAL, ON-DEMAND LECTURE SESSIONS & LIVE, INTERACTIVE Q&A SESSIONS

COURSE OVERVIEW

The Medical Acupuncture Review Course provides an up-to-date, broad-based refresher course on the major subject matter areas with which a well-trained physician should be familiar.

COURSE LEARNING OBJECTIVES

- Analyze and solidify previously acquired knowledge and experience in medical acupuncture.
- Organize and reinforce understanding of the basic material appropriate for a physician practicing acupuncture in North America.
- Differentiate and examine participant's previous studies of certain specialized aspects of acupuncture not always utilized in traditional practice.

WHO SHOULD TAKE THIS COURSE?

This course is intended for physicians who have completed a formal training program in medical acupuncture of 300+ hours or those who have obtained equivalent training through other means and have one+ years of experience in the clinical use of medical acupuncture.

- Physicians who obtained their training four or more years ago will find the Review Course useful as a **refresher** to that original training.
- Physicians who intend to sit for the **ABMA Board Certification Examination** within the next 12 months will find the Review Course helpful as an organized review in advance of the exam.

Early-Pricing Deadline: January 16, 2026

COURSE ORGANIZATION

This course is organized into eight, pre-recorded **lecture sessions**, which will be available on certain release dates, after which course participants will have 7-10 days to review the lectures and complete a short quiz. There will be a **live summary and discussion session** for every two sections of material. During these sessions, the faculty will provide a summary, answer student questions and/or delve deeper into topics. **Case presentations** from the students will also take place. A package of **independent study** materials will also be available.

Week 1

Friday, February 20
Lectures 1 & 2 launch
for on-demand
viewing

Thursday, February 26
Discussion Session for
Lectures 1 & 2

Week 2

Friday, February 27
Lectures 3 & 4 launch
for on-demand
viewing

Thursday, March 5
Discussion Session for
Lectures 3 & 4

Week 3

Friday, March 6
Lectures 5 & 6 launch
for on-demand viewing

Thursday, March 12
Discussion Session for
Lectures 5 & 6

Week 4

Friday, March 13
Lectures 7 & 8 launch
for on-demand
viewing

Thursday, March 19
Discussion Session for
Lectures 7 & 8

MEDICAL ACUPUNCTURE REVIEW COURSE SYLLABUS

This syllabus is a basic outline for Sections A & B and the Lecture sections 1-8.

Section A: Case Presentations

The student will suggest treatment plan based on the week's lecture style for patient cases that are provided.

Lecture Section 1 : Scientific Basis of Acupuncture

After completing, participants will be able to:

- Describe typical anatomical features of acupuncture points.
- Summarize the neurophysiology of pain, including relevant structures and neurotransmitters.
- Explain the neurophysiologic effects of acupuncture with high- and low-frequency stimulation.

Lecture Section 2: Musculoskeletal, Neuroanatomic Acupuncture

After completing, participants will be able to:

- Compare different levels (superficial to deep) of musculoskeletal acupuncture treatments.
- Identify the neuroanatomical targets of each level of treatment.
- Design treatments for common musculoskeletal pain problems.

Lecture Section 3: Circulation of Energy

After completing, participants will be able to :

- Summarize theories of energy circulation and its common disturbances.
- Describe the various energetic subsystems and their clinical uses.
- Propose energetic treatments for common problems.

Lecture Section 4: Classical Chinese Medicine, Evaluation and Therapy

After completing, participants will be able to:

- Discuss classical Chinese theory of health and disease.
- Review the theory and practice of Traditional Chinese Medicine from the modern Western biomedical model.
- Apply the clinical approaches that utilize TCM theory and analyze their relationships to Western biomedical model.

Section B: Independent Study

A collection of independent study materials will familiarize students with an array of material that may not specifically be covered during the lectures.

Lecture Section 5: Microsystems

After completing, participants will be able to:

- Locate hand, ear, and scalp zones corresponding to major body regions.
- Discuss Hara diagnosis and its application.
- Appropriately utilize NADA, ATP, and BFA auricular protocols.

Lecture Section 6: French Energetics

After completing, participants will be able to:

- Recognize the trigrammatic representation of their corresponding meridians.
- Summarize contrary/inverse and triangular equilibration treatments and their appropriate applications.
- Discuss the extraordinary meridian system and its clinical utility.

Lecture Section 7: Five Phases in the Regulation of Qi

After completing, participants will be able to:

- List the Five Elements and their major correspondences.
- Explain generative and controlling cycles in Five Phase dynamics.
- Design a four-needle treatment for a common disturbance.

Lecture Section 8: Acupuncture Point Groupings

After completing, participants will be able to:

- Locate front Mu and back Shu points and utilize them therapeutically.
- Explain the importance of each classical command group point.
- Identify Master and Couple points for each extraordinary meridian.